

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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April Fools' Day 1
9:00 Mind Joggers
10:00 Hydration & Snack
10:30 Relaxing Exercise Session
11:00 Happy Hands
1:30 Bingo Bonanza
2:30 Jazz Music/Eversound
3:00 Snack
3:30 Word Games

2
9:00 Poetic Expressions
10:00 Refreshments
10:30 Power Hour w/Clarissa
11:00 Healthy Hands
1:00 Easter Egg Coloring —CR
2:30 Jigsaw Puzzle
3:00 Snack
3:30 Reminiscing & Soft Music

Good Friday 3
9:00 Poem Reading Museum Pictures
10:00 Refreshments
10:30 Exercise to 50's Music
11:00 Healthy Hands
1:00 Easter Egg Hunt—Courtyard
1:30 Bingo Time
2:30 Music Therapy w/Eversound
3:00 Snack

4
9:00 Morning Fitness
10:00 Snack
10:30 Gentle Hand Massage
11:00 Happy Hands
1:30 Watercolor Art
2:30 Balance Fitness
3:00 Snack
3:30 Afternoon Bingo Fun

Easter Sunday 5
9:00 Glamour Hour
10:00 Refreshments
10:30 Chair Yoga
11:00 Healthy Hands
11:30 Easter Brunch—DR
1:30 Bingo
3:00 Refreshments
3:30 Parachute Fun

6
9:00 Daily Chronicles & Dear Abby
10:00 Refreshments
10:30 Move & Groove Fitness
11:00 Healthy Hands
1:30 Bingo Blitz
2:30 Remembering Famous Sayings
3:00 Refreshments
3:30 Jokes, Riddles & Tongue Twisters

Beer Day 7
9:00 Spirit Lift: Devotions on Screen
10:00 Refreshments
10:30 Soothing Exercise
11:00 Happy Hands
1:30 Bingo & Ice Cream
2:30 Music for the Soul/Eversound
3:00 Snack
3:30 Lucky #7 Roll Off

8
9:00 Headline Highlights & Dear Abby
10:00 Hydration & Snack
10:30 Calm & Stretch Session
11:00 Happy Hands
1:30 Bingo Bonanza
2:30 Rhythm & Reflection/Eversound
3:00 Snack
3:30 Checker Challenge

9
9:00 Morning Hymn Tunes
10:00 Snack & Hydration
10:30 Clarissa's Workout Time
11:00 Healthy Hands
1:30 Golden Mic Karaoke
2:30 Parachute Fun
3:00 Snack & Chat
3:30 Bingo

Nana Day 10
9:00 Did you know? Fact Frenzy
10:00 Refreshments
10:30 Dancing Time
11:00 Healthy Hands
1:30 Bingo
2:30 Precision Nail & Lens Care
3:00 Snack
3:30 Finish the Saying

11
9:00 Ball Exercise
10:00 Snack
10:30 Parachute Fun & Music
11:00 Happy Hands
1:30 Bingo
2:30 Deal or No Deal
3:00 Snack
3:30 Book Hour

Scrabble Day 12
9:00 Daily Care Time
10:00 Refreshments
10:30 Silver Sneakers Fitness
11:00 Healthy Hands
1:30 Bingo Bash
2:45 Relaxing Music & Coloring
3:00 Snack
3:30 Balloon Volleyball Palooza

13
9:00 Soothing Hand Therapy
10:00 Snack
10:30 Chair Fitness
11:00 Happy Hands
1:30 Bingo-Palooza
2:30 Today in History
3:00 Snack
3:30 Pictionary

14
9:00 Tales & Treasures
10:00 Refreshments
10:30 Alzheimer's Support Group—CR
10:30 Move & Groove Fitness
11:00 Healthy Hands
1:30 Bingo & Beyond
2:30 Melody & Mindfulness/Eversound
3:00 Refreshments
3:30 Trivia

TAX Day 15
9:00 Wild Wonders Show
10:00 Brunch
10:30 Noodle Movement Fun
11:00 Healthy Hands
1:30 Colorful Ball Toss
2:30 Soothing Sounds Therapy/Eversound
3:00 Refreshments
3:30 Dominoes Challenge

16
9:00 Hat Box Treasure
10:00 Refreshments
10:30 Fit Blast w/Clarissa
11:00 Happy Hands
1:30 Creative Coloring Moments
2:30 Try not to laugh Challenges
3:00 Snack
3:30 Bingo Mania

17
9:00 5 Things you Find In...
10:00 Snack
10:30 Bingo Fun & Snacks
11:00 Healthy Hands
1:30 Sing Along Fun w/Anona
2:30 Polish & Clear: Nails & Glasses
3:00 Refreshments
3:30 Old Timers Triva

Exercise Day 18
9:00 Book Hour
10:00 Snack
10:30 Chair Traveling—Australia
11:00 Happy Hands
1:30 Noodle Ball
2:30 Music & Balloon Ball
3:00 Snack
3:30 Cup Stacking Mania

19
9:00 Glow-up Moment
10:00 Refreshments
10:30 Relaxed Workout
11:00 Healthy Hands
1:30 Bingo Fun Hour
2:45 Dominoes Club
3:00 Refreshments
3:30 Bodies in Motion

Cheddar Fries Day 20
9:00 Remembering Great Inventions
10:00 Refreshments
10:30 Noodle Exercise
11:00 Healthy Hands
1:30 Bocce Ball
2:30 Music Lovers /Eversound
3:00 Refreshments
3:30 Bingo

21
9:00 Dear Abby
10:00 Refreshments
10:30 Noodle Exercise
10:30 Empowered Caregivers, an Alzheimer's Assoc. Presentation—CR
11:00 Healthy Hands
1:30 Bowling & Bulls Eye
2:30 Golden Era Music /Eversound
3:00 Refreshments
3:30 Bingo

Earth Day 22
9:00 Animal Web Cam & More
10:00 Brunch
10:30 Music—Cise
11:00 Healthy Hands
1:30 Bingo Blast
2:30 Music Therapy/Eversound
3:00 Refreshments
3:30 Pictionary

23
9:00 New & Views
10:00 Hydration & Snack
10:30 Clarissa's Fit & Fun
11:00 Happy Hands
1:30 Bingo Fun & Popcorn
2:30 Soft Music/Eversound
3:00 Snack
3:30 Arts & Craft

Arbor Day 24
9:00 Poem Expressions
10:00 Refreshments
10:30 Drummercise
11:00 Healthy Hands
1:30 Parachute & Music Fun
2:30 Precision Nail & Lens Care
3:00 Snack
3:30 Bingo! Bingo!

25
9:00 Sit & Move to Your Favorite Song
10:00 Snack
10:30 Soothing Sounds & Puzzle Time
11:00 Happy Hands
1:30 Mini Ball Bucket Madness
2:30 Paint by Numbers
3:00 Snack

26
9:00 Beauty Session
10:00 Refreshments
10:30 Tai Chi Movements
11:00 Healthy Hands
1:30 Let's Go Bingo
2:45 Lucky # 7 Dice Game
3:00 Snack
3:30 Chair Fitness Dance

27
9:00 Journey from Home
10:00 Hydration & Snack
10:30 Move to the Groove
11:00 Happy Hands
1:30 Bingo
2:30 Relaxing Music/Eversound
3:00 Snack
3:30 51 Old-Time Saying Trivia

28
9:00 Tales From Back Home
10:00 Snack & Drinks
10:30 Chair Kickball
11:00 Happy Hands
1:30 Dancing & Singing w/Raymond
3:00 Snack
3:30 Sing Along

Dance Day 29
9:00 News in a Nutshell
10:00 Hydration & Snack
10:30 Feel Good Moves
11:00 Healthy Hands
1:30 Crafting Corner & Drinks
2:30 The Healing Power of Music/Eversound
3:00 Snack
3:30 On this Day Today – In History

30
9:00 10 Minute Topic/Residents Choice
10:00 Hydration & Snack
10:30 Clarissa's Fit & Fun
11:00 Happy Hands
1:30 Bingo Fun
2:30 Disco Music/Eversound
3:00 Snack
3:30 History Trivia

Location Key:
L - Lobby
MP- Multi-Purpose Room
CR - Community Room
DRP - Dining Room Patio
G - Residents Garden
DR - Dining Room
TL - Terrace Lounge
MC - Memory Care

April Birthdays
Oscar S. 4/3
Arthur W. 4/28
Jessie W. 4/30

*Activities are subject to change.
Outdoor programs occur if weather permits.*