

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Key:</b>  L - Lobby  MP- Multi-Purpose Room  CR - Community Room  DP - Dining Room Patio  G - Residents Garden  D - Dining Room  TL - Terrace Lounge  MC - Memory Care  <i>Activities are subject to change.  Outdoor programs occur if weather permits</i></p>	<p><b>April Birthday's</b>  Oscar S. 4/3  Arthur W. 4/28</p>	<p><b>April Fools' Day 1</b>  9:00 Morning Fitness Class—CR  <b>9:30 Dear Abby—CR</b>  10:00 Refreshments—CR  <b>10:00 Walmart Outing—L</b>  10:30 Mahjong Game—CR  1:30 Bingo—CR  3:00 Door to Door Refreshments  3:00 Nail Care &amp; Eye Glass Cleaning—CR</p>	<p><b>2</b>  9:00 Group Jigsaw Puzzle—TL  10:00 Refreshments—CR  <b>10:00 Christian Fellowship Service—CR</b>  1:30 Bingo—CR  3:00 Snack—CR  <b>2:45 Netflix Movie &amp; Popcorn</b>  <b>Vicky &amp; Her Mystery—MP</b>  3:00 Door to Door Refreshments</p>	<p><b>Burrito Day 3</b>  9:30 Walking Club w/Kat &amp; Pet Therapy w/Penny—CR  10:00 Snack—CR  10:30 Multi Sports—TL  <b>12:00 Pokeno La Mesa—L</b>  1:30 Bingo—CR  3:00 Refreshments—CR  3:30 Checkers &amp; Connect 4—TL</p>	<p><b>4</b>  9:00 Fitness w/Clarissa—CR  <b>9:30 Dear Abby—CR</b>  10:00 Refreshments—CR  10:30 Bocce Ball—CR  1:30 Bingo—CR  3:00 Door to Door Refreshments  3:30 Deal or No Deal—TL</p>	<p><b>Dandelion Day 5</b>  9:00 Morning Yoga—TL  10:00 Refreshments—CR  10:30 Bingo—CR  1:00 Gardening—G  1:30 Crochet - CR  <b>2:30 Netflix Movie &amp; Popcorn</b>  <b>Tall Girl—MP</b>  3:00 Door to Door Refreshments</p>
<p><b>6</b>  9:00 Catholic Mass &amp; Communion—CR  9:30 Shadow Mountain Service—TL  10:00 Snack—CR  <b>10:30 Silver Sneakers Exercise—MC</b>  <b>1:30 Bingo—MC</b>  <b>2:15 Netflix Movie</b>  <b>Tall Girl 2—MP</b>  3:00 Door to Door Refreshments</p>	<p><b>Beer Day 7</b>  9:00 Silver Sneakers Exercise—CR  <b>9:30 Dear Abby</b>  9:30 Group Activity Packet/Eversound - CR  10:00 Snack—CR  10:30 Pokeno—CR  1:30 Bingo—CR  3:00 Door to Door Refreshments  3:30 UNO Card Game—TL</p>	<p><b>8</b>  9:00 Fitness w/Clarissa—CR  <b>9:30 Daily Chronicles—CR</b>  10:00 Refreshments—CR  <b>10:00 Scenic Drive—L</b>  <b>10:30 Alzheimer's Support Group—CR</b>  1:30 Bingo—CR  3:00 Door to Door Refreshments  3:00 Nail Care &amp; Eye Glass Cleaning—CR</p>	<p><b>Name Yourself Day 9</b>  9:00 Group Jigsaw Puzzle—TL  10:00 Snack—CR  10:30 Multi Sports—TL  1:30 Bingo—CR  3:00 Refreshments—CR  <b>2:45 Netflix Movie &amp; Snack</b>  <b>A Week Away—MP</b>  3:00 Door to Door Refreshments</p>	<p><b>10</b>  9:30 Walking Club w/Kat &amp; Pet Therapy w/Penny—CR  10:00 Refreshments—CR  10:30 Chair Yoga—CR  1:30 Bingo—CR  3:00 Snack—CR  3:30 Move to Your Favorite Music—CR</p>	<p><b>Pet Day 11</b>  9:00 Fitness w/Clarissa—CR  9:30 <b>Daily Chronicles—CR</b>  10:00 Snack—CR  10:30 Bingo—CR  <b>1:30 Piano Music Sing Along w/Anona—DR</b>  3:00 Door to Door Refreshments  3:30 Spring Pictionary—TL</p>	<p><b>12</b>  9:00 Multi Sports—TL  10:00 Refreshments—CR  10:30 UNO Card Game—CR  1:00 JW Bible Study—TL  1:00 Gardening—G  1:30 Crochet—CR  <b>2:30 Netflix Movie &amp; Popcorn</b>  <b>Resident's Choice—MP</b>  3:00 Door to Door Refreshments</p>
<p><b>Palm Sunday 13</b>  9:00 Catholic Mass &amp; Communion—CR  9:30 Shadow Mountain Service—TL  10:00 Snack—CR  <b>10:30 Noodle Exercise—MC</b>  <b>1:30 Bingo—MC</b>  <b>2:15 Netflix Movie</b>  <b>23—Blast—MP</b>  3:00 Door to Door Refreshments</p>	<p><b>14</b>  9:00 Silver Sneakers Exercise—CR  <b>9:30 Daily Chronicles—CR</b>  9:30 Group Activity Packet/Eversound - CR  10:00 Snack—CR  10:30 Bocce Ball  1:30 Bingo—CR  3:00 Refreshments—CR  3:30 Yahtzee—TL</p>	<p><b>TAX Day 15</b>  9:00 Fitness w/Clarissa—CR  <b>9:30 Dear Abby—CR</b>  10:00 Refreshments—CR  10:30 Group Word Search—CR  <b>1:30 Piano Music w/Raymond—DR</b>  3:00 Door to Door Refreshments  3:00 Nail Care &amp; Eye Glass Cleaning—CR</p>	<p><b>16</b>  9:00 Group Jigsaw Puzzle—TL  10:00 Snack—CR  <b>10:30 Lunch Outing—CR</b>  1:30 Bingo—CR  3:00 Refreshments—CR  <b>2:45 Netflix Movie &amp; Popcorn</b>  <b>Good Sam—MP</b>  3:00 Door to Door Refreshments</p>	<p><b>DOUBLE BINGO DAY! 17</b>  9:30 Walking Club w/Kat &amp; Pet Therapy w/Penny—CR  10:00 Snack—CR  <b>10:30 Group Karaoke—CR</b>  <b>1:30 Bingo—CR</b>  3:00 Refreshments—CR  <b>3:30 Bingo—CR</b></p>	<p><b>Good Friday 18</b>  9:00 Fitness w/Clarissa—CR  <b>9:30 Dear Abby—CR</b>  10:00 Refreshments—CR  10:30 Bingo—CR  <b>1:00 Easter Egg Hunt—Courtyard</b>  3:00 Door to Door Refreshments  <b>2:30 Netflix Movie Space Jam—MP</b></p>	<p><b>Holy Day 19</b>  9:00 Morning Yoga—TL  10:00 Refreshments—CR  10:30 Bingo—CR  1:00 Gardening—G  1:30 Crochet—CR  <b>2:30 Netflix Movie &amp; Popcorn</b>  <b>Resident's Choice—MP</b>  3:00 Door to Door Refreshments</p>
<p><b>Easter Sunday 20</b>  9:00 Catholic Mass &amp; Communion—CR  9:30 Shadow Mountain Service—TL  10:00 Snack—CR  <b>10:30 Chair Yoga—MC</b>  <b>11:30 Easter Brunch—DR</b>  <b>1:30 Bingo—MC</b>  <b>2:15 Netflix Movie</b>  <b>Peter Rabbit—MP</b></p>	<p><b>21</b>  9:00 Noodle Exercise—CR  <b>9:30 Dear Abby—CR</b>  9:30 Group Activity Packet/Eversound - CR  10:00 Snack—CR  1:30 Bingo—CR  3:00 Refreshments—CR  3:30 Card Game #31—TL</p>	<p><b>Earth Day 22</b>  9:00 Fitness w/Clarissa—CR  <b>9:30 Daily Chronicles—CR</b>  10:00 Refreshments—CR  <b>10:00 Scenic Drive—L</b>  1:30 Bingo—CR  <b>3:00 Door to Door Refreshments</b>  3:00 Nail Care &amp; Eye Glass Cleaning—CR</p>	<p><b>23</b>  9:00 Group Jigsaw Puzzle—TL  10:00 Snack—CR  10:30 Bingo—CR  <b>1:30 Funny Money Store—CR</b>  3:00 Snack—CR  <b>2:45 Netflix Movie &amp; Snack</b>  <b>The Hansie Cronje Story—MP</b>  3:00 Door to Door Refreshments</p>	<p><b>24</b>  9:30 Walking Club w/Kat &amp; Pet Therapy w/Penny—CR  10:00 Refreshments—CR  <b>10:30 Resident Council—CR</b>  <b>1:30 Celebrity Bingo—CR</b>  3:00 Snack—CR  3:30 Card Game/Resident's Choice—CR</p>	<p><b>Arbor Day 25</b>  <b>9:00 Daily Chronicles—CR</b>  9:30 Fitness w/Clarissa—CR  10:30 Bingo—CR  10:00 Snack—CR  <b>1:30 Root Bear Float &amp; Music Social—DR</b>  3:00 Door to Door Refreshments  3:30 Yahtzee—TL</p>	<p><b>26</b>  9:00 Multi Sports—TL  10:00 Refreshments—CR  10:30 Bingo—CR  1:00 JW Bible Study - TL  1:00 Gardening—G  1:30 Crochet—CR  <b>2:30 Netflix Movie &amp; Popcorn</b>  <b>Resident's Choice—MP</b>  3:00 Door to Door Refreshments</p>
<p><b>27</b>  9:00 Catholic Mass &amp; Communion—CR  9:30 Shadow Mountain Service—TL  10:00 Snack—CR  <b>10:30 Silver Sneakers Exercise—MC</b>  <b>1:30 Bingo—MC</b>  <b>2:15 Netflix Movie</b>  <b>My All American—MP</b>  3:00 Door to Door Refreshments</p>	<p><b>Poetry Reading Day 28</b>  9:00 Silver Sneakers Exercise—CR  <b>9:30 Daily Chronicles—CR</b>  9:30 Group Activity Packet/Eversound—CR  10:00 Snack—CR  10:30 Bocce Ball—CR  1:30 Bingo—CR  3:00 Door to Door Refreshments  3:30 Yahtzee—TL</p>	<p><b>29</b>  9:00 Fitness w/Clarissa—CR  <b>9:30 Dear Abby—CR</b>  10:00 Refreshments—CR  <b>10:00 Scenic Drive—L</b>  1:30 Bingo—CR  3:00 Door to Door Refreshments  3:00 Nail Care &amp; Eye Glass Cleaning—CR</p>	<p><b>Jazz Day 30</b>  9:00 Group Jigsaw Puzzle—TL  10:00 Snack—CR  10:30 Bocce Ball—CR  1:30 Bingo—CR  3:00 Refreshments—CR  <b>2:45 Netflix Movie &amp; Popcorn</b>  <b>All Together Now—MP</b>  3:00 Door to Door Refreshments</p>	<p style="text-align: center;"><b>April 2025</b></p> <p style="text-align: center;"><b>Assisted Living Activities Calendar</b>  Sungarden Terrace 2045 Skyline Drive,  Lemon Grove, CA. 91945 (619) 464-2273</p>		